

Parental Control NetAddictFree 8 User's Guide

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1. SETUP

1.1. First run of NetAddictFree

Installation program automatically launch the Parental Control software

Click OK, enter a password in order to manage parental control, and then click OK

Enter your email to receive weekly report. Statistics and basic setup are included in the report.

Now you are on the main window: the user name account is always written in the window title

🍃 NetAddio	tFree GOLD8.3 - Manage rights for int	ernet access -	User account : ebrehm			
••			Internet site	Choose site	🖌 Save the week	dy calendar 🗙 Exit
			New site or program to monitor	O Delete this site		
	00:00	06:00	12:0	00	18:00	24:00
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday						
Sunday						
	Change language		Internet access log			Usage limitation setup

At this step, the minimum setup is done. You will receive every week the chart of computer and Internet time usage in your inbox. You will be able to analyze how and how long your children use the computer.

The setup is finish. Depending of the number of computers at home, follow one of these options:

1.2. You have 1 computer for many persons:

Quit NetAddictFree,

Close your session,

Open a session with the account to setup,

Launch NetAddictFree by double click on Parental Control NetAddictFree – http://netaddictfree.com/UK





Make the following steps : First run of NetAddictFree

1.3. Every child has his own computer

You must buy and install one license for every computer

2. Setup daily limits for Computer and Internet usage

If you don't need to define daily limits, you can skip this chapter



Définissez la durée maximum d'utilisation de l'ordinateur et/ou de l'internet.

	email adress to receive usage statistics	atonal@free.fr	Save
	Frequency of sending mail (in days) 7	Date of last statistics sent 21/05/2012	Exit
(Maximum computer usage by day (minutes) Maximum WEB usage by day (minutes) Weekly time limit for computer (in hour) Weekly time limit for Internet (in hour)	Monday Tues. Wed. Thurs. Friday Sat. Sun. 120 120 180 120 180 120 60 60 120 60 60 100 90 12 hours 7 hours 7 100 100 100 100	
	Almost 1,000,000 "adults" websites automatically filtered by Black List	Black List active Number of websites in black list Black List Date 18/05/2012 new websites	962 97 1
	White List: Keyword excluded from time control wikipedia	 Enter a web site or program name to manage : web site to manage (www.TheWebSite.com/page3.htm enter TheWebSite Program : you must enter the full program name : Progr 	ıl) just amName.ex
	Task Manager Disable	Those functions need the program to be run "as administrator"	
	l imits : last undate timestamo	2012-05-20 18:39:21 Software version GOLD8.3	

Click on

15 minutes before time expiration, your child is inform on remaining time available. Child will learn quickly to manage his "time capital". In another way, user can follow in real time the amount of time available with the icon in the task bar (generally right down the screen)



3. Limit access to websites

In the following example we will allow access to a famous social network website only after school work and a little bit more during weekend.

3.1. Define sites to manage

Click on « New site or program to monitor » from the main NetAddictFree's windows

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Enter the website to monitor. No need of "www" and other ".com", "net"...



Then click on OK

At this time, the website is fully unavailable

3.2. Setup periods to access to this website.

From the ma	in windo	w click on	Choose site
i ioni ule ina	in windo	w, enex on	
🍃 Vision URL			
\$	URL	م ع	6
facebook taskmgr.exe			
			•

Select the website to manage then click on OK

The following screen appears :





All is red! This means that no access right has been given to this website.

We will allow this website between 6pm to 6:30pm every day, except for weekend



To switch from red to green, or from green to red, just click on the calendar area.





4. Allow Internet access depending on time slot

If you want to completely ban internet access at certain times of the day (at night when you sleep for example!), here's the trick:

Create a new site whose name is "." (a single dot). (see "define sites to manage")

All websites have a dot in their address, so this new site covers the entire Internet!

Then, set the permission range of internet access (the limitations of other sites and times still apply)

5. Ban or limit software installed on the computer

Parental control NetAddictFree allows prohibiting or restricting the launch of certain programs. For example, game programs, online games, instant messaging can be seen as time consuming, and their use may be restricted to a few minutes a day, according to specific time slots. NetAddictFree consider these programs as internet access, and count down the time to use the internet time credit.

In this example, we will not allow access to a famous program (MSN) and outside periods of homework, just over the weekend...

The method of prohibition or limitation of a program is identical to that of a website.

It is imperative to know the exact name of the program.

5.1. How to know the name of a program

For example, on Windows 7, you want to limit the MSN instant messaging. You do not remember the name. Click "Start" in the "search for programs or files," type "live". A list appears, with "Windows live messenger"

"Right click", "properties" on "windows live messenger", the following screen appears:

a	×2
Net/	ddictFree

Propriétés de :	Windows Live Messenger	23
Général Raccour	ci Compatibilité Sécurité Détails Versions précédentes	
Win	ndows Live Messenger	
Type de cible :	Application	
Emplacement :	Messenger	
Cible :	(x86)\Windows Live\Messenger\msnmsgr.exe"	
Démarrer dans :	"C:\Program Files (x86)\Windows Live\Messeng	
Touche de raccourci :	Aucun	
Exécuter :	Fenêtre normale 🔹	
Commentaire :	Gardez le contact avec les personnes qui comp	
Emplacement du	fichier Changer d'icône Avancé	
		oliquer

Remember or copy « msnmsgr.exe ». This name will be useful in the next step.

5.2. Define a software to monitor

Click on « New site or program to monitor » from the main NetAddictFree's windows

Internet site	Choose site	√	Save the weekly calendar
New site or program to monitor	Delete this site		

Enter the full name of the software. In our example, for MSN or Live messenger, the full name is $\ll msnmsgr.exe \ \gg$



Teledulerree	
by New web site or program to monitor	
URL msnmsgr.exe	ОК ОК
Enter a web site or program name to manage	
-web site to manage (www.TheWebSite.com enter TheWebSite	/page3.html) just
- Program : you must enter the full program na	ame : ProgramName.exe

Then click on « OK »

From that moment, the program you just set is inaccessible.

5.3. Define the time slots allowed for a program.

Choose site

From	the	main	window,	click on
1 IOIII	unc	mam	window,	chek on

Select the program to manage, then click on OK

🧽 Vision URL		23
♦ URL		へ目
facebook		^
google		
msnmsgr.exe		
		_
		-
OK Annuler No	uveau	

The following window appears :





All is red! This means that no right has been assigned to this program.

To set user access right to this program, do as a website.

6. White list: access to website without counting time

In some cases, it is not desirable to count the time spent using computers and the Internet. This may be the case when access to educational sites or WebMail.

	email adress to receive usage statistics Frequency of sending mail (in days) 7	atonal@free.fr Date of last statistics sent 21/05/2012
	Maximum computer usage by day (minutes) Maximum WEB usage by day (minutes) Weekly time limit for computer (in hour) Weekly time limit for Internet (in hour)	Monday Tues. Wed. Thurs. Friday Sat. Sun. Image: Image of the state of
2	Almost 1,000,000 "adults" websites automatically filtered by Black List White List: Keyword excluded from time control wikipedia	Image: State Stat
	Task Manager Disable Uninstall forbidden	Those functions need the program to be run "as administrator"

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7. Blacklist activation of over 1,000,000 "adults" websites

You can enable or disable as often as you want the parental control blacklist.

A statement indicating the date of last update of the blacklist, from our website, the total number of sites listed and the number of sites added in the last update. The update of the blacklist is automatic every month.

Frequency of sending mail (in days) 7 Date of last statistics sent 21/05/2012 Maximum computer usage by day (minutes) Monday Tues. Wed. Thurs. Friday Sat. Sat. Maximum WEB usage by day (minutes) 0 <th>email adress to receive usage statistics</th> <th>atonal@free.fr</th>	email adress to receive usage statistics	atonal@free.fr
Maximum computer usage by day (minutes) Monday Tues. Wed. Thurs. Friday Sat. Sun. Maximum WEB usage by day (minutes) 0 <t< td=""><td>Frequency of sending mail (in days) 7</td><td>Date of last statistics sent</td></t<>	Frequency of sending mail (in days) 7	Date of last statistics sent
Maxmum computer usage by day (minutes) Image: 0 minutes in the set of the s		Monday Tues. Wed. Thurs. Friday Sat. Sun.
Maximum WEB usage by day (minutes) 0	Maximum computer usage by day (minutes)	
Weekly time limit for computer (in hour) 0 hours Weekly time limit for Internet (in hour) 0 hours Almost 1,000,000 "adults" websites automatically filtered by Black List Image: Comparison of the second seco	Maximum WEB usage by day (minutes)	
Weekly time limit for Internet (in hour) hours Almost 1.000,000 "adults" websites automatically filtered by Black List Black List active Number of websites in black list Black List Date 18/05/2012 new websites Het a web site or program name to manage : - web site to manage (www.TheWebSite.com/page3.html) j enter TheWebSite Program : you must enter the full program name : ProgramName	Weekly time limit for computer (in hour)	0 hours
Almost 1,000,000 "adults" websites automatically filtered by Black List White List: Keyword excluded from time control White pedia Finter a web site or program name to manage : - web site to manage (www.TheWebSite.com/page3.html) i enter TheWebSite - Program : you must enter the full program name : ProgramName	Weekly time limit for Internet (in hour)	0 hours
		Black List Date 18/05/2012 new websites

8. Weekly usage limits

The weekly usage limitations for computer or Internet work similarly to the daily one. You can use two kinds of restriction (daily or weekly) simultaneously or independently. The weekly limit is expressed in hours.

NetAddictFree		
NetAddictFree GOLI	D8.4 - Us <mark>a</mark> ge limitations setup - User account : eb	orehm 🗖 🗖 🕅 🕅
	email adress to receive usage statistics Frequency of sending mail (in days)	atonal@free fr Image: Save Date of last statistics sent 29/05/2012 Image: Save Image: Save Image: Save Image: Save
	Maximum computer usage by day (minutes) Maximum WEB usage by day (minutes) Weekly time limit for computer (in hour) Weekly time limit for Internet (in hour)	Monday Tues. Wed. Thurs. Friday Sat. Sun. 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 12 hours 8 hours 10 10 10 10
	Almost 1,000,000 "adults" websites automatically filtered by Black List White List: Keyword excluded from time control wikipedia	Biack List active Number of websites in black list 962 971 Black List Date 18/05/2012 new websites 16 Enter a web site or program name to manage : -web site to manage (www.TheWebSite.com/page3.html) just
		enter TheWebSite
	Task Manager Disable Uninstall forbidden	Those functions need the program to be run "as administrator"
	Limits : last update timestamp	2012-05-28 22:53:00 Software version GOLD8.4

9. Statistics email frequency

By default, statistics are sent every 7 days. You can adjust this value to your needs

NetAddictFree GOL	D8.4 - Usage limitations setup - User account : ebre	ehm	
	email adress to receive usage statistics	atonal@free.fr	Save
~	Frequency of sending mail (in days)	Date of last statistics sent 29/05/2012	× Exit
\bigotimes	Maximum computer usage by day (minutes) Maximum WEB usage by day (minutes) Weekly time limit for computer (in hour)	Monday Tues. Wed. Thurs. Friday Sat. Sun. 0 0 0 0 0 0 0 0 0	
	Weekly time limit for Internet (in hour)	Black List active Number of websites in black	list 962 971
	automatically filtered by Black List White List: Keyword excluded from time control	Black List Date 18/05/2012 new websites	16
	wikipedia	Enter a web site or program name to manage : - web site to manage (www.TheWebSite.com/page enter TheWebSite - Program : you must enter the full program name : I	3.html) just ProgramName.exe
	Task Manager Disable	Those functions need the program to be run "as administrator	"
	Limits : last update timestamp	012-05-28 22:53:00 Software version GOLD8.4	

Parental Control NetAddictFree - http://netaddictfree.com/UK



10.1. Usage statistics :

Usage statistics can be accessed by clicking on one of the following icons:



Your children, even without knowledge of the password, can access it. This will help them to better manage their "time credit" and know how and how long they use their computer and Internet. This could also be useful for parents!

10.2. Browsing history :

ck on :	Internet access log		
NetAddictFree GO	D8.4 - Browse History - User account : ebrehm	l	- 0
Date	,≑ Url	্ ≪ [‡] Browser ্ বি	
28/05/2012 22:14:04	www.echecsonline.net	Google Chrome	عتقار
28/05/2012 22:20:03	www.echecsonline.net	Google Chrome	
28/05/2012 22:20:15	BLOCAGE NetAddictFree : www.facebook.com	Google Chrome	
28/05/2012 22:20:21	netaddictfree.com/UK/Navigation_Bloquee.php	Google Chrome	
28/05/2012 22:21:34		Google Chrome	X De
28/05/2012 22:21:40	https://www.google.com/analytics/web/#report/visit	Google Chrome	
28/05/2012 22:21:52	https://www.google.com/analytics/web/#report/visit	Google Chrome	
28/05/2012 22:21:58	https://www.google.com/analytics/web/#report/visit	Google Chrome	X C
28/05/2012 22:22:10	https://www.google.com/analytics/web/#report/visit	Google Chrome	
28/05/2012 22:22:22	https://www.google.com/analytics/web/#report/visit	Google Chrome	
28/05/2012 22:22:46	https://www.google.com/analytics/web/#report/visit	Google Chrome	Ope
28/05/2012 22:22:52	https://www.google.com/analytics/web/#report/visit	Google Chrome	
28/05/2012 22:23:10	https://www.google.com/analytics/web/#report/traff	Google Chrome	
28/05/2012 22:23:16	https://www.google.com/analytics/web/#report/traff	Google Chrome	
28/05/2012 22:44:15	https://accounts.google.com/ServiceLogin?service=a	Google Chrome	
28/05/2012 22:44:22	https://www.google.com/analytics/web/#report/visit	Google Chrome	
28/05/2012 22:44:28	https://www.google.com/analytics/web/#report/visit	Google Chrome	
28/05/2012 22:44:34	https://www.google.com/analytics/web/#realtime/rt-	Google Chrome	
28/05/2012 22:44:46	https://www.google.com/analytics/web/#realtime/rt-	Google Chrome	
28/05/2012 22:45:06	www.echecsonline.net	Google Chrome	
28/05/2012 22:45:18	www.google.fr	Google Chrome	
28/05/2012 22:45:30	www.google.fr/#hl=fr&output=search&sclient=psy-ab&	Google Chrome	
		0.1.0	

You can sort it by date, website... So, click on the top of the column.

For a summary statement of the browsing history, click Parental Control NetAddictFree – http://netaddictfree.com/UK



You will get a list of all sites accessed with the number of access to these sites.



11. The pdf file you receive by email once a week

	Usage statistics							29/05/2012			
RetaddictFree	User : 🙉	2 0 m		ar anna -	<u>)</u>	Rec	ipient :	10,002	contract of the		
		Parental Control Set	up								
		Time limits	mon	tues.	wens.	thurs.	friday	sat.	sun.	week (he	our)
		Computer	0	0	0	0	0	0	0		0
		Web	0	0	0	0	0	0	0		0
		Black List Activated : OUI		Ema	il freque	ency (in	days) :		1		
		Daily usage	from	29/04	/2012	to 29	/05/20	012			
600				7							





12. Keep in touch with NetAddictFree

With this window, you keep in touch with us.

	Nom du module :	Controle_parental.exe				
	Version du module :	GOLD8.4				
	Copyright :	Copyright © NetAddictFree				
	Société :	NetAddictFree				
	Description :	Contrôle parental				
	RAM: 4011 M	Иb				
	contact@netaddictfree.com					
	netaddictfree.com/UK					
	Help us to improve the	product				
Caution: this software is protected by copyright rights.						
the license agreement.		ОК				

You will find

- An email address to send us mail,
- The internet website where all the last update documentation is available
- Version and release of your software
- An opportunity to send us suggestions for improving the software



13. Remote administration via our website (GOLD version)

After a while, children prohibit access to their session to parents! It becomes difficult to access their computers to adjust parental control setup.

Sometimes parents allow "exceptions" to the limitations of parental control. Often, we forget them and after a while, no one knows what is defined in the parental control. And if children agree to allow access to their computer or their accounts to increase "time credit", they are significantly less cooperative when it is to decrease it!

NetAddictFree can control the configuration of parental control remotely. Every 5 minutes the parental control installed on child's computer checks if it has the latest setup (computer and Internet time limits).

Parental control NetAddictFree gives you the possibility to know in real time the active configuration and to change it the remotely.

To take advantage of remote administration, you should opt for the Gold version of the parental control NetAddictFree.

The remote administration allows you to modify a range of parental control settings without having to log on children session. Your kids can deny access to their session, it does not matter! They can also call you by phone to change a limit in exceptional cases, no problems with remote administration.



13.1. Log in :

Parental control NetAddictFree : remote administration							
Parental Control NetAddictFree home page Remote management non connecté							
Login You are already registered on NetAddicFree, enter your account and password	E-Mail Password	Enter					

13.2. Manage users accounts :

With remote administration, you can see and manage all your children account whatever the circumstances: one family computer with all children accounts, one computer per child ...

Parental Control NetAddictFree home page Remote management atonal@free.fr								
Users account remote administration								
	List of your use	rs account	A					
mail		Computer 🔍	* User	2				
tonal@free.fr	MAZAD6	20	Mazarine	1 Help:				
tonal@free.fr	MAZAD6	20	erick	 Select user you want to modify dail quotas. 				
tonal@free.fr	MAZAD6	20	invité	2. Clic on "update account parameters				
tonal@free.fr	PC-DE-L	EA	ebrehm	Ξ				
tonal@free.fr	PC-DE-L	EA	lea					
topal@froo fr		FΔ	Barbara					

When you select the account you want to modify, the user interface of the website is very similar to that of software installed at home. You are not lost!



Parental control NetAddictFree : remote administration							
Parental Contro) NetAddictFree home page	Remote management		atonal@free.fr			
Account det	ails						
Email	atonal@free.fr		Leature data	20/05/2012 22:02:15			
PC User	ebrehm		version	GOLD8.4			
	Mon Tue Computer (mn) 0 0 0 Internet (mn) 60 60	Wen Thu Fri Sat Sun 0 0 0 0 0 0 PC 120 60 60 180 120 We Save	time limit (hours) ekly time limit for Internet (ho even BlackList (action even Email frequence)	10 ours) 0 ve = 1) 1 cy (days) 1			
Information : To update the follo - weekly time limit - blacklist activatio - tuning of statistic You must have Net	owing parameters: for PC ou Web, n :s Email frequency tAddictFree GOLD 8.1 or higher.						

When saved, the changes will be sent to the parental control on child's computer in a time of 5 minutes if the computer is on, or at the next startup if off.